

Meadows After-school ProgramS

2021-2022 Winter Course Catalog



Dear Parents,

The goal of our Meadows After-school ProgramS (MAPS) is to meet the needs of our families and provide as many enrichment opportunities for our students as possible. From our ever growing coaching staff, to current working actors leading our drama programs, the expertise of our staff is unmatched. So in an effort to continue to grow and expand our program, we are excited to announce several changes to our after-school programs for the 2021-22 school year:

- We are transitioning to trimester offerings as a means to include more athletic opportunities. The dates of each trimester will be:
 - Fall August 16 to November 23
 - Winter November 29 to March 4
 - Spring March 7 to May 25
- Enrichment classes and athletics will begin after Lower School dismissal, unless otherwise noted.
- Registration for all activities will be at **themeadowsschool.org/maps**. Families who were with us last year simply need to "claim" their account in which your household information is already saved. New families will need to create an account.
- Early Drop-Off, starting at 7:00 a.m. for Lower School and 7:30 a.m. for Beginning School, will be offered daily. Students may be signed up in advance for the entire trimester or for daily drop-in.
- Extended Day, with a 4:30 p.m. pick-up, will be offered daily for both Lower School and Beginning School. Students may be signed up in advance for the entire trimester or for daily drop-in.
- Late Pick-Up, until 6:00 p.m., will be offered for Lower School only. Students may be signed up in advance for the entire trimester or for daily drop-in.

Winter 2021 MAPS Registration is now open. It will close Saturday, November 20, at themeadowsschool.org/maps.

Drop-in options for Early Drop-Off and Late Pick-Up will always be available to access online.

We look forward to having your child join us this trimester in our Meadows After-school ProgramS!

Sincerely, Courtney Friedman Meadows After-school Programs Administrator



Meadows After-school ProgramS

Register online at themeadowsschool.org/maps

MAPS Course Descriptions

DAILY

Early Drop-Off - 7:00 a.m.

Grades: K-5 Instructor: Faculty Tuition: \$100 per day, per trimester Location: Lower School Drop-off: Between 7:00 and 7:20 a.m. at the Lower School

Students arriving at school early will receive a snack and have the opportunity to engage with educational games and activities.

Extended Day - 4:30 p.m.

Grades: K-5 Instructor: Lower School Faculty Tuition: \$150 per day, per trimester Location: Lower School Common Pick-up: By 4:30 p.m. at the Lower School

After dismissal, students will have a short time to play, eat a snack, and then work on completing his/her homework for the evening. If time allows, your child will work on an activity that involves problem solving and critical thinking.

Late Pick-Up - 6:00 p.m.

Grades: K-5 Instructor: Lower School Faculty Tuition: \$115 per day, per trimester Location: Lower School Pick-up: By 6:00 p.m. at the Lower School, call 702-283-0683

Students coming from MAPS or Extended Day will have a short time to play and eat a snack. Students will then have time to finish homework and the opportunity to participate in educational and problem solving activities that promote critical thinking until they are picked up.

Early Drop-Off - 7:35 a.m.

Grade: PreK Instructor: Faculty Tuition: \$100 per day, per trimester Location: Lower School Drop-off: Between 7:35 and 7:55 a.m. at the Lower School

Students arriving at school early will receive a snack and enjoy discovery learning centers until they are walked to the Beginning School at 8:00 a.m.

Extended Day - 4:30 p.m.

Grade: PreK Instructor: Lower/Beginning School Faculty Tuition: \$150 per day, per trimester Location: Lower School Library Pick-up: By 4:30 p.m. at the Lower School

After dismissal, students will have a snack, and then participate in discovery learning centers.

MONDAYS

Grades: K - 5

Basketball (co-ed)

Instructor: Erin Thorn Location: Lower School Playground or Common

Coached by retired WNBA player Erin Thorn, students will learn the fundamental skills and drills that helped Coach Thorn achieve the highest levels of success during her basketball career, including ball-handling, shooting, defense, footwork, game concepts, and more.

Students will be divided into teams based on age, and registered to play in the League of Champions at Henrich YMCA. By registering for this program, there is a commitment to attend practice (Mondays and Wednesdays) as well as games (dates to be provided). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

Craft Corner TMS Instructor: Ms. Mary Beth Cleland Location: Lower School **Grades: 2 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Students will explore their crafty sides and develop new skills. We will make macrame plant holders and bracelets, friendship bracelets, cards with stamps, and other crafts while listening to music, chatting, and simply enjoying the little things in life.

Drama - Primary Grades TMS Instructor: Mr. Tim Burris Location: Peccole CFA **Grades: K - 2** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Students will explore movement, improvisation, proper vocal production, and stretch their creativity. They will be exposed to literature appropriate for performance.

Exploration & Discovery - Beginning School TMS Instructor: Ms. Alix Smilow Location: TBD **Grades: PreK** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Our youngest Mustangs will tap into their imaginations through play. Students will work together to make creations, discover their interests, and have some fun. Whether it's dancing or building, every child will have the opportunity to thrive.

Guitar Instructor: Mr. Edward Judd Location: Peccole CFA **Grades: 1 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

This course is for students with previous guitar experience. Instruction will include everything from the basics of solo playing to performing as an ensemble. In addition to note-reading and techniques, students will learn about self-discipline, practicing habits, teamwork, and the joy of making music together. Popular and traditional music styles will be covered. There will be one performance per trimester. Students will need to purchase or rent an appropriately sized guitar and bring it to class every Monday. The main object of this course is to further develop guitar skills, above all, and have fun playing the instrument!

Tuition: \$450 per trimester (includes Mondays & Wednesdays) Pick-Up: 4:30 p.m. **Tennis - Beginner Skills Clinic** Instructor: Meadows Varsity Tennis Coaching Staff Location: TMS Tennis Complex **Grades: PreK** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

Violin - Beginning Violin Talent Education TMS Instructor: Ms. Denitza Larsen Location: Peccole CFA Orchestra Room **Grades: PreK - 2 (PreK students must be at least 5 years old)** Tuition: \$225 per trimester Pick-up: 4:30 p.m. (leave with accompanying adult)

This exciting course is designed to give students the opportunity to begin their musical journey on the violin in a fun, supportive group setting. The Strings program is one of the fastest growing music programs at The Meadows School. An adult must be in attendance for all class sessions. Parent involvement in early instrument training is crucial. Students must provide their own instrument by the third week of class. Instructions on acquiring an instrument will be given at the first class.

Wrestling (co-ed) Instructors: Mr. Todd Rubin Location: Sports Studio **Grades: K - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Students will not just be provided an opportunity to participate in an individual sport, but kids who practice and compete together root for each other and develop a bond. Wrestlers learn how to support others and work together to achieve goals. Students will improve body awareness, balance, and coordination. We offer challenging programs that place the focus on the development of the whole child teaching how to overcome obstacles, handle emotions, and respect. Our Meadows coaching staff will work to coach our students to strengthen our cross-campus athletic community. Students will receive a membership to the Southern Nevada Wrestling Association.

The Meadows School will provide uniforms and cover tournament fees and no additional fees will be charged to parents.

TUESDAYS

Art - Primary Grades TMS Instructor: Ms. Rachel Martin Location: Peccole CFA **Grades: K - 2** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

This course is project based. Students will explore a variety of art mediums including watercolors, oil pastels, chalk pastels, acrylic painting, ceramics, and sculpture while learning about artists and various art techniques. No previous art instruction is necessary.

Bowling (co-ed) TMS Instructor: Ms. Kathy Brennan Location: Lower School **Grades: 3 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Students will be coached in bowling skills and strategies, as well as learn about sportsmanship and working as an individual with a team. Scoring and etiquette will also be taught as students have fun developing themselves and their confidence.

Students will be registered through NCSAA. By registering for this program, there is a commitment to attend practice as well as games (dates to be provided). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

Chess - Beginner Instructor: Mr. Tomer Yitzhaki Location: Lower School **Grades: 1 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

This class is designed for beginning players or those with little play experience. The main learning objective is to introduce the game rules along with basic strategy. In addition to learning how the pieces move and their value on the board, students will develop an opening repertoire according to their preferred style of play. Throughout the trimester, there will be opportunities to participate in scholastic tournaments and optional homework assignments.

Drama - Intermediate Grades TMS Instructor: Mr. Tim Burris Location: Peccole CFA **Grades: 3 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Students will explore movement, improvisation, proper vocal production, and stretch their creativity. They will be exposed to literature appropriate for performance.

Dramatic Arts - Beginning School TMS Instructor: Ms. Lynda Newman Location: TBD **Grades: PreK** Tuition: \$225 Pick-up: 4:30 p.m.

Students will be center stage as they dive into the world of theater. Through imaginative play, singing, dancing, and acting our youngest Mustangs will develop their speaking skills and become more confident in themselves. You don't want to miss out on the fun!

4

Tennis - Intermediate Skills Clinic (Orange Ball)

Instructor: Meadows Varsity Tennis Coaching Staff Location: TMS Tennis Complex This course is also offered Thursdays. Students may register for one or two days.

Grades: 1 - 5 Tuition: \$225 per trimester Pick-up: 4:30 p.m.

This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

WEDNESDAYS

Grades: PreK

Art - Beginning School

TMS Instructor: Ms. Kaylyn Fong Location: TBD

This course is project based focused on drawing and painting. Students will explore a variety of art mediums including watercolors, chalk pastels, and tempera paint while learning about artists and various art techniques. No previous art instruction is necessary.

Basketball (co-ed)

Instructor: Erin Thorn

Location: Lower School Playground or Common

Coached by retired WNBA player Erin Thorn, students will learn the fundamental skills and drills that helped Coach Thorn achieve the highest levels of success during her basketball career, including ball-handling, shooting, defense, footwork, game concepts, and more.

Students will be divided into teams based on age, and registered to play in the League of Champions at Henrich YMCA. By registering for this program, there is a commitment to attend practice (Mondays and Wednesdays) as well as games (dates to be provided). The Meadows School will facilitate the league registration and no additional fees will be charged to parents.

Cheer & Dance Instructor: Ms. Miya Burns Location: Lower School **Grades: K - 2** Tuition: \$225 per trimester Pick-Up: 4:30 p.m.

Tuition: \$225 per trimester

Go Mustangs! Students will practice and perform fun chants, cheers, and dances. They will learn correct techniques and support one another while working as a team.

Grades: 1 - 5

Pick-up: 4:30 p.m.

Chess - Intermediate Instructor: Mr. Tomer Yitzhaki Location: Lower School

This class is designed for intermediate players and is centered on thinking patterns and endgame techniques. The main learning objectives are evaluations and tactics training. In addition to demonstration analysis and lecture games, students will continue to work on positional play perception and the ability to reason their moves' choices. Throughout the trimester, there will be opportunities to participate in scholastic tournaments and optional homework assignments.

Chinese Language & Culture - Beginner TMS Instructor: Ms. Nancy Lu Location: Lower School **Grades: K - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

This beginning level course is designed to introduce students to the Chinese language and culture. Students will learn and practice basic Chinese language skills while enjoying a rich cultural experience. Instruction will include writing, listening, speaking, singing, and projects.

Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Grades: K - 5 Tuition: \$450 per trimester (includes Mondays & Wednesdays) Pick-Up: 4:30 p.m. Junior Meadows Strings Instructor: Ms. Denitza Larsen Location: CFA Orchestra Room **Grades: 1 - 5** Tuition: No Fee - Invitation by Instructor Only Drop-off: 7:15 a.m.

This beginning orchestra group is designed for students who are at an intermediate level or beyond on the following instruments: violin, viola, cello, string bass, guitar. Students must know how to read music and must have played their instrument for 18 months or longer. Students must be enrolled in private lessons with a qualified instructor for their instrument. The Meadows School is the only school in the Las Vegas Valley to provide such an exciting opportunity for its elementary school-age students. The orchestra performs in numerous events on and off campus including: the Pancake breakfast, Holiday assemblies, the Nutcracker Ballet preshow at the Smith Center, etc.

Public Speaking Instructor: Mr. Angelo Robledo Location: Lower School **Grades: 3 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Students will learn the skills and techniques necessary to command an audience's attention. From developing effective presentational skills to improving critical thinking and becoming astute listeners, they will gain the ability to read the room and deliver a message with confidence.

Tennis - Beginning Skills Clinic (Red Ball)Grades: K - 2Instructor: Meadows Varsity Tennis Coaching StaffTuition: \$225 per trimesterLocation: TMS Tennis ComplexPick-up: 4:30 p.m.This course is also offered Fridays. Students may register for one or two days.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

THURSDAYS

Archery TMS Instructor: Mrs. Ginnae Stamanis Location: TBD **Grades: 4 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Join us and learn the basics of archery! We provide the equipment: Genesis beginner compound bows. Students will learn safety, form, aiming, scoring, and courtesy.

Board Game Strategy TMS Director: Ms. Laura Kennedy Location: Lower School **Grades: 3 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Did you know that board games have been played in most cultures and societies throughout history? Games help develop so many skills, like collaboration, strategic and critical thinking, competitive and predictive strategies, and risk-taking. Board games help improve memory, cognitive functioning, boost math, and build literacy skills. Students will have fun playing different board, word, chance, and strategy games that require high-level thinking skills, and even working as a team.

Chinese Language & Culture - Intermediate	Grades: 1 - 5
TMS Instructor: Ms. Nancy Lu	Tuition: \$225 per trimester
Location: Lower School	Pick-up: 4:30 p.m.
Past students or those with basic knowledge of Chinese only.	

Not for beginners, this course is designed to introduce students to the Chinese language and culture. Students will learn and practice basic Chinese language skills while enjoying a rich cultural experience. Instruction will include writing, listening, speaking, singing, and projects.

Drama - Primary Grades TMS Instructor: Mr. Tim Burris Location: Peccole CFA **Grades: K - 2** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Students will explore movement, improvisation, proper vocal production, and stretch their creativity. They will be exposed to literature appropriate for performance.

Kindness Krew: Kids Helping Kids TMS Instructor: Mrs. Monika Bradshaw Location: Lower School **Grades: K - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

The Kindness Krew is a group of students who want to help other students in our school and local community. These students aim to inspire kindness and a positive change in our school, neighborhood, and the world. Do you enjoy helping people? Do you want to spread kindness in our community? Do you want to change the world with kind acts? If so, the Kindness Krew is for you!

LEGO Explorations TMS Instructor: Ms. Mary Pap Location: Lower School **Grades: 1 - 3** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Learn about structure and design through LEGOs. Students will be given challenges to create LEGO projects that have specific requirements or must have a particular feature. By working independently as well as collaboratively, students will develop building techniques and strategies that align with engineering skills. Students will become problem solvers and learn about teamwork through the construction and design of LEGO projects.

Music & Movement - Beginning School TMS Instructor: Ms. Lynda Newman Location: Lower School **Grades: PreK** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Students will learn new songs and dances while having fun. Through movement, children will work on coordination, balance, flexibility, strength, spatial awareness, and positive body image through fantasy play and games. They will discover how to use their voices for singing and bodies for dancing. Activities will help children to develop fine and gross motor skills.

Tennis - Intermediate Skills Clinic (Orange Ball)Grades: 1 - 5Instructor: Meadows Varsity Tennis Coaching StaffTuition: \$225 per trimesterLocation: TMS Tennis ComplexPick-up: 4:30 p.m.This course is also offered Tuesdays. Students may register for one or two days.

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FRIDAYS

French Language & Culture - Français TMS Instructor: Mr. JL Pageault Location: Lower School **Grades: 3 - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

This class is not only an introduction but it will provide a deeper knowledge of French language and culture. The necessities of French pronunciation, grammar, and culture are presented through a balanced development of all four skills: listening, speaking, reading, and writing. The importance of communication and cultural awareness is stressed through a wide variety of activities (video, music, food tasting, games, projects, etc.). This course is designed for students with some or no knowledge of French language or culture.

Friday Fun & Games TMS Instructor: Mrs. Mary Beth Cleland Location: Lower School **Grades: K - 5** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

It's fun and games time! Come learn new fun games and play some of your old favorites. Sportsmanship, teamwork, and game-based skills will be emphasized in this class. Please wear tennis shoes.

STEAM Academy: Science & You TMS Instructor: Mrs. Kristin Withey Location: TBD **Grades: PreK** Tuition: \$225 per trimester Pick-up: 4:30 p.m.

Calling all little scientists: The STEAM Academy will enhance children's natural curiosity and their need to experiment, explore and discover. Beginning schoolers will ask high-quality, open-ended questions, engage in hands-on inquiry experiences, and use a variety of media to share ideas and express their understanding. Through this, little scientists will build understanding, vocabulary, critical thinking, and reflection in developmentally appropriate and fun ways. Let's get exploring!

Tennis - Beginner Skills Clinic (Red Ball)Grades: K - 2Instructor: Meadows Varsity Tennis Coaching StaffTuition: \$225 per trimesterLocation: TMS Tennis ComplexPick-up: 4:30 p.m.This course is also offered Wednesdays. Students may register for one or two days.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

MAPS Faculty Contact Information

MAPS Administrator Courtney Friedman cfriedman@themeadowsschool.org 702-797-5813

Early Drop-Off, Extended Day, and Late Pick-Up 702-283-0683

Archery Ginnae Stamanis ginnae_stamanis@themeadowsschool.org

Art - Beginning School Kaylyn Fong kfong@themeadowsschool.org

Art - Primary Rachel Martin rmartin@themeadowsschool.org

Basketball Erin Thorn erin_thorn5@yahoo.com

Board Games Laura Kennedy Ikennedy@themeadowsschool.org

Bowling Kathy Brennan kbrennan@themeadowsschool.org

Chess Tomer Yitzhaki tyitzhaki@gmail.com

Chinese Nancy Lu clu@themeadowsschool.org

Cheer & Dance Miya Burns mburns@themeadowsschool.org

Craft Corner and Fun & Games Mary Beth Cleland mcleland@themeadowsschool.org Drama Tim Burris tburris@themeadowsschool.org

Drama, Music & Movement - Beginning School Lynda Newman Inewman@themeadowsschool.org

Exploration & Discovery - Beginning School Alix Smilow asmilow@themeadowsschool.org

French JL Pageault jlpageault@themeadowsschool.org

Guitar Edward Judd juddsax@yahoo.com

Kindness Krew Monika Bradshaw mbradshaw@themeadowsschool.org

LEGO Mary Pap mpap@themeadowsschool.org

Public Speaking Angelo Robledo

Tennis JL Pageault jlpageault@themeadowsschool.org

Violin Denitza Larsen denitza_larsen@themeadowsschool.org

Wrestling Todd Rubin trubin@themeadowsschool.org

STEAM - Beginning School Kristin Withey kwithey@themeadowsschool.org



8601 Scholar Lane Las Vegas, NV 89128

themeadowsschool.org/maps