

SCHEDULE SAMPLES—ADJUST TO FIT YOUR NEEDS

9AM-10AM:	READING AND WRITING
10AM-10:30 AM:	MATH AND SCIENCE
10:30AM-11:00AM:	CENTERS AND GAMES
11:30AM-12PM:	LUNCH TIME/FREE PLAY
1PM:	QUIET TIME/NAP

- 9:00am – Calendar Time
- 9:15am – Phonics/Reading/Writing
- 9:45am – Fine Motor Skills
- 10:00am – Coloring
- 10:15am – Numbers/Math Activities
- 10:35am – Snack
- 10:45am – Science experiment
- 11:15am – Art
- 11:45am – Story time

FOLLOWING PAGE IS FROM A HOMESCHOOL FAMILY

4-Year-Old Preschool Schedule

7:00 – Wake up and play

7:45 – Eat breakfast together and clean up

8:15 – Get dressed, brush teeth, make bed

8:30 – Circle Time (calendar, weather, sing songs, letter and number of the day)

8:45 – Alphabet Lesson and Hands-on Activity or Craft

9:30 – Sensory Play or Small Worlds Play

10:00 — Snack and Read Aloud

10:30 – Centers or Play Time (while I prepare next activity)

11:00 – Math Lesson and Hands-on Activity

11:30 – Lunch

12:00 – Free Play (outside if it's nice out)

1:00 – Rest Time (Use quiet boxes if child doesn't nap)

3:00 – Play time, run errands, etc.

5:30 – Dinner